Kids' Mental Health Pierce County

KMHPC Referral Overview and FAQ

What is Kids' Mental Health Pierce County (KMHPC)?

Kids Mental Health Pierce County is a community collaborative of organizations, agencies, providers and community partners in Pierce County that are joining together to achieve our community wide goal of improving the behavioral health care continuum for all youth.

The mission of KMHPC is to develop a coordinated, responsive behavioral health system that serves the needs of children, youth and families at the right time, in the best place, with the best outcome for every family.

What happens when a referral is placed?

All referrals are received by the KMHPC program coordinators and screened to determine the best pathway for support. KMHPC staff connect with the referent and family to discuss background and needs determining one of two pathways: Behavioral Health Navigation or Multidisciplinary Team Meeting (MDT).

What is Behavioral Health Navigation?

Behavioral Health Navigation includes providing families and/or the referent with available resources that best meet the identified mental health need. This looks like sharing those resources over a phone call or email, depending on your preferred form of communication. If you encounter barriers to accessing those resources, such as wait lists or programs that don't take your insurance, the Program Coordinators are available to help troubleshoot.

What is a KMHPC Multidisciplinary Team Meeting (MDT)?

The KMHPC Multidisciplinary Team Meeting is a virtual family-focused meeting with family, community stakeholders, providers, and advocates who aim to assist youth and families with complex behavioral presentations and needs.

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The MDT can assist with tasks such as: outpatient service recommendations, care coordination needs, behavioral management strategies, family engagement ideas, safety planning, transition and discharge planning for youth and families in Pierce County.

What can I expect when attending a KMHPC MDT?

Meetings are scheduled for one hour via Microsoft Teams. The team will provide instructions and facilitate introductions. The referent and/or family will provide history and goal for MDT. After this information is shared, team will have opportunity to ask clarifying questions and make recommendations. MDT will discuss resources that support identified needs and family strengths. KMHPC staff will take notes and document recommendations sending to referent and family via email with a follow-up survey after the meeting.

How can I get KMHPC support?

A referral can be made through the Kids' Mental Health Pierce County Website. Anyone can submit a referral for a youth residing in Pierce County. Parents, caregivers, youth, school staff, providers, etc can submit with completed digital ROI located here.

If you have questions or need additional assistance, please email program coordinators vanessa.adams@multicare.org and keren.tangen@multicare.org.

The Kids Mental Health Pierce County Multidisciplinary Team (MDT) is a collaboration of community volunteers with the shared purpose of being a community resource for youth and families. The recommendations of team members do not necessarily reflect their associated agency or organization The recommendations of the MDT do not guarantee acceptance into services or provider acceptance.