

Mental Health Awareness Month



COMMUNITY CONVERSATIONS WEBINARS

**15
MAY
3:00PM**

Where to Go: Behavioral Health Navigation in Pierce County Q&A

Behavioral health is just as important as physical health issues, but sometimes it's not easy to ask for help. Supporting the mental health of children and youth will require a whole-of-society effort to address longstanding challenges, strengthen the resilience of young people, support their families and communities, and mitigate the pandemic's mental health impacts. This community conversation will provide an overview of where to turn when behavioral health services are needed for youth in our community. This will include an overview of the Pierce County Road Map to Youth Behavioral Health Services tool and resources like: South Sound 2-1-1, Washington State Mental Health Referral Services for Children and Teens, Pierce County Behavioral Health Service Locator, and more!

**29
MAY
3:00PM**

Navigating a Youth Behavioral Health Crisis

Crisis behavioral health services are available to residents in Pierce County through a variety of partnerships with community providers. Hear from our local county providers about signs and symptoms of a crisis, and how to access services to keep kids healthy in our community.

KMHPC in partnership with Mary Bridge, Family Behavioral Health-Catholic Community Services and Seneca Family of Agencies will present information regarding emergency department utilization including high level statistics, accessing youth mobile crisis teams, levels of intervention and examples scenarios for community partners. Webinar Objectives: – Establish understanding around ED utilization, admission and discharge rates – Learn about available resources for youth in crisis – Understand how to access Youth Mobile Crisis Teams in Pierce County



**Kids'
Mental Health
Pierce County**