

Children's Long Term Inpatient Programs

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WHAT IS CLIP?

The Children's Long-term Inpatient Program (CLIP) is the most intensive inpatient psychiatric treatment available to Washington State residents, ages 5-17.

Who is eligible?

- Children and youth admitted to CLIP facilities who have been diagnosed with a serious psychiatric illness. Most have been served by various systems, have past hospitalizations, and multiple challenges.
- Children and youth admitted to a CLIP facility may have:
- Histories of suicidal/self-injurious behavior.
- Intense aggression or sexualized behavior.
- Medical needs co-occurring substance use disorders.
- Complex family and legal issues.
- Co-occurring developmental disabilities

How Is CLIP Accessed?

Admission pathways

- Voluntary CLIP application
 - 180-day Involuntary Treatment Act (ITA) court order
- The **Involuntary Treatment Act** is a **law** in **Washington** State. It allows anyone age 13 and older who meets criteria to be in a psychiatric hospital and does not agree to mental health **treatment** to be evaluated for **involuntary commitment** to an inpatient mental health **treatment** center.
- ITA is overseen by the court. A DCR follows the youth and may initially file for a 120 hour, 14 day or 180 day (180 day qualifies you for CLIP)

5 Steps for Voluntary CLIP Application

- **Step One:** Contact your MCO (Managed Care Organization) or BH-ASO (Behavioral Health-Administrative Service Organization) if private or no insurance
- **Step Two:** Your MCO or BH-ASO will have an administrator or liaison whom helps you determine if referring to CLIP is recommended, or if there are least restrictive services recommendations:
 - A clinical review of what services have been performed will be discussed
 - Are there other services that should be tried?
 - What does the clinical team think?
- **Step Three:** Local Committee Review

If it is recommended that you start the process for CLIP a staffing at the local Pierce Community Partners Committee will be scheduled. There are some documents that are provided to the committee as well as a verbal staffing. Committee votes to refer to the state, or recommends least restrictive services.

Voluntary CLIP Application, Continued.

- **Step Four:** If committee votes no, you can appeal this and still apply to the State. If committee votes “yes” there is an application and supporting documentation that is sent to the State.
- **Step Five:** The State reviews the application and “approves” or “denies” admission.
 - Denied Application-this cannot be appealed. However, you can apply again at a future date
 - Approved-the youth is placed on a waitlist until a bed-date comes up at an assigned program.

Contacts for Pierce County

- BH-ASO (private or no insurance) Ahney King: 253-313-2275 or Ahney.King@beaconhealthoptions.com
- Coordinated Care, Sydney Doherty: 253-290-2878 or Sydney.I.Doherty@coordinatedcarehealth.com
- Amerigroup, Kenny Alfred: 206-450-1151 or kenneth.alfred@anthem.com
- United Health Care, Kate Naeseth: 1-763-321-2358 or kate.naeseth@uhc.com
- Community Health Plan of Washington, Christine E. Kapral: 360-471-1448 or Christine.Kapral@chpw.org
- Molina, Apryl Carlington: 260-485-3470 or Apryl.Carlington@molinahealthcare.com
- Website: www.clipadministration.org

CLIP Programs

- Sunstone – Burien
- Two Rivers Landing – Yakima
- Tamarack – Spokane
- Child Study and Treatment Center – Lakewood
- Pearl Youth Residence – Tacoma

Pearl Youth Residence

- Part of Comprehensive Life Resources
- Opened in 1985
- Serves youth ages 12-17
- Secure (locked) facility serving youth who have significant psychiatric impairment, unable to maintain safety in their home/community (voluntary and involuntary)
- Work with residents and families to build their skills while in a most secure setting, then practice in the local community, and ultimately at home
- Length of stay typically 6-9 months
- Recently moved and expanded from 14 beds to 27!

Treatment Team

- PYR Multidisciplinary team:
 - Providers (child psychiatrist, developmental pediatrician, ARNP)
 - 24/7 nursing – LPN's & RN's
 - Case Management – care coordination from pre-admission to post-discharge
 - Individual/Family therapy – CPS, TF-CBT, DBT, MI, EMDR, DBT, Family Systems Theory, etc.
 - Recreation Therapy – individual and group, community integration, equine therapy, camping, hiking, kayaking, art therapy, yoga, etc.
 - Certified Peer Counselors – Family Advocate and Youth Peers
 - Residential Counselors – milieu treatment, outings

Treatment Team Cont.

- SUD treatment providers – CLR's Reinvent Recovery program
- PYR School – Tacoma Public School District
- Youth and family
- Managed Care Organization (MCO)
- Wraparound with Intensive Services (WISe)
- Other resources as identified by the treatment team

Questions?

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