

**CALL US!**

We welcome the opportunity to further discuss our work, answer questions or hear your feedback. Please call or email:

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**Family Behavioral Health  
Guiding Principles**

Our services are;

**Safety First!**

**Flexible**

**Unconditional**

**Family Centered & Youth Guided**

**Strengths Based**

**Needs Driven**

**Team Based & Collaborative**

**Outcome Driven**

**Normative**

**Comprehensive**

**Cost Effective**

**Community Based**

**Promotes Independence**

**Accessible**

**Individualized**

**Successful!**

**Catholic Community Services**

Family Behavioral Health  
North Tacoma Office  
5410 N 44<sup>th</sup> St  
Tacoma, WA 98407  
253-759-9544  
800-566-9053  
[www.ccsww.org](http://www.ccsww.org)

**Family Behavioral Health  
Catholic Community Services**

Youth Crisis Response  
24/7 County-Wide



**For CRISIS Assistance  
Please call:**

**Toll Free: 1-800-576-7764  
TDD: 253-798-4349**

**For information regarding  
our services, please call:  
253-759-9544**



**CATHOLIC COMMUNITY SERVICES**  
OF WESTERN WASHINGTON



## Family Behavioral Health

### Mental Health Service Components:

- Rapid on the scene response
- Safe, individualized child and family specific crisis intervention
- 24/7 availability of family and youth clinicians
- Brief Individual and family therapy if needed
- Comprehensive safety assessment and planning
- In home and community-based crisis support to the family as needed
- Youth and Parent Peer support
- Intensive care coordination with community partners
- Crisis services provided at no cost to family
- Appropriate referrals to ongoing therapy if needed.

## Youth Crisis Service

Children and youth in crisis are served by a team of Child and Adolescent Mental Health Specialists through Catholic Community Services, Family Behavioral Health 24 hours a day, 7 days a week.

Building on 30+ years' experience of community and home-based crisis work with children and families in Pierce County, FBH offers a full array of services to assist families in resolving crises in their children. Services may range from a one-time crisis contact to referrals to community mental health providers or a more intensive service areas such WISe, FAST or other community providers.

Upon notification of a crisis, a FBH clinician calls the referent to assess the crisis. Typically, a clinician responds within 1 – 2 hours to the scene of the crisis incident. Families are met at Emergency Departments, the family home, school, or anywhere in the community the crisis occurs. At times, the clinician collaboratively resolves the crisis by telephone. However the majority of time the clinician will meet the youth and family, assess the immediate risk and engage the youth and family in a process of crisis resolution and individualized safety planning. An agreed upon action plan is created with the family. Linkages to other helpful supports and services are initiated.

### Who?

Youth and Families up to 18 years who are experiencing a behavioral health crisis.

### What?

Rapid Crisis Response!

### When?

24/7/365

### Where?

Anywhere in Pierce County and even outside the county for youth who reside in Pierce County. Locations range from the Emergency Department to school, to the home, even a grocery store parking lot. We go where the family needs us!

### How?

Thorough safety assessment, partnership with youth, family, and relevant others to develop a safe plan to maintain youth in their home and community.