

Accessing Services and Resources During 2020—2021

Many service agencies and resource providers have developed extensive on-line resources during this time of pandemic. We hope the following provides a means to readily connect with important community services and ongoing support you may need.

Mary Bridge Children's - see www.marybridge.org/covid19/ and www.marybridge.org/coronavirus/additional-resources for links to Covid19 health information, family resources, ways to help children cope, ways to keep kids safe

Mental Health: Kids Mental Health Pierce County. Dedicated to improving child and adolescent mental health treatment and prevention in Pierce County. See website: www.kidsmentalhealthpierce-county.org for information and links to mental and behavior health resources

Parenting in the age of Covid19: see www.wcaap.org/inner-heroes-wanted-parenting-in-the-age-of-covid-19 by Dr. Chris Ladish PhD

PAVE Partnerships for Action Voices for Empowerment—providing support, information, resources, and training for loved ones facing disabilities. See *Pipeline* monthly online newsletter at www.wapave.org for links to Special Education resources, community resources, events, and more

Pierce County website: See www.piercecountywa.gov/6859/Human-Services-Covid-19-Help for information and links to assistance related to housing, transportation, nutrition, and other needs. See county websites for those outside of Pierce County.

South Sound Autism Partnership on Facebook: a collaboration between individuals, families, providers, and organizations who are part of the Autism community within South Puget Sound and Washington State. See Facebook page for postings, resource updates, and links to helpful resources.

Technology: enter “Internet Essentials” at Comcast.net website to access low-cost internet

Transportation “Essential Express”: provides free transportation solutions for Pierce County residents unable to transport themselves or who cannot access normal transportation options due to COVID19. See www.cognitofirms.com/PierceCounty2/essentialexpresstriprequestform or call 2-1-1 for phone assistance

University of Washington Autism: See <https://depts.washington.edu/uwautism/resources/covid-19/> for links to resources for individuals and families facing autism during pandemic

Please feel free to call for questions regarding additional resources or for questions about your child's individual treatment plan.

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