

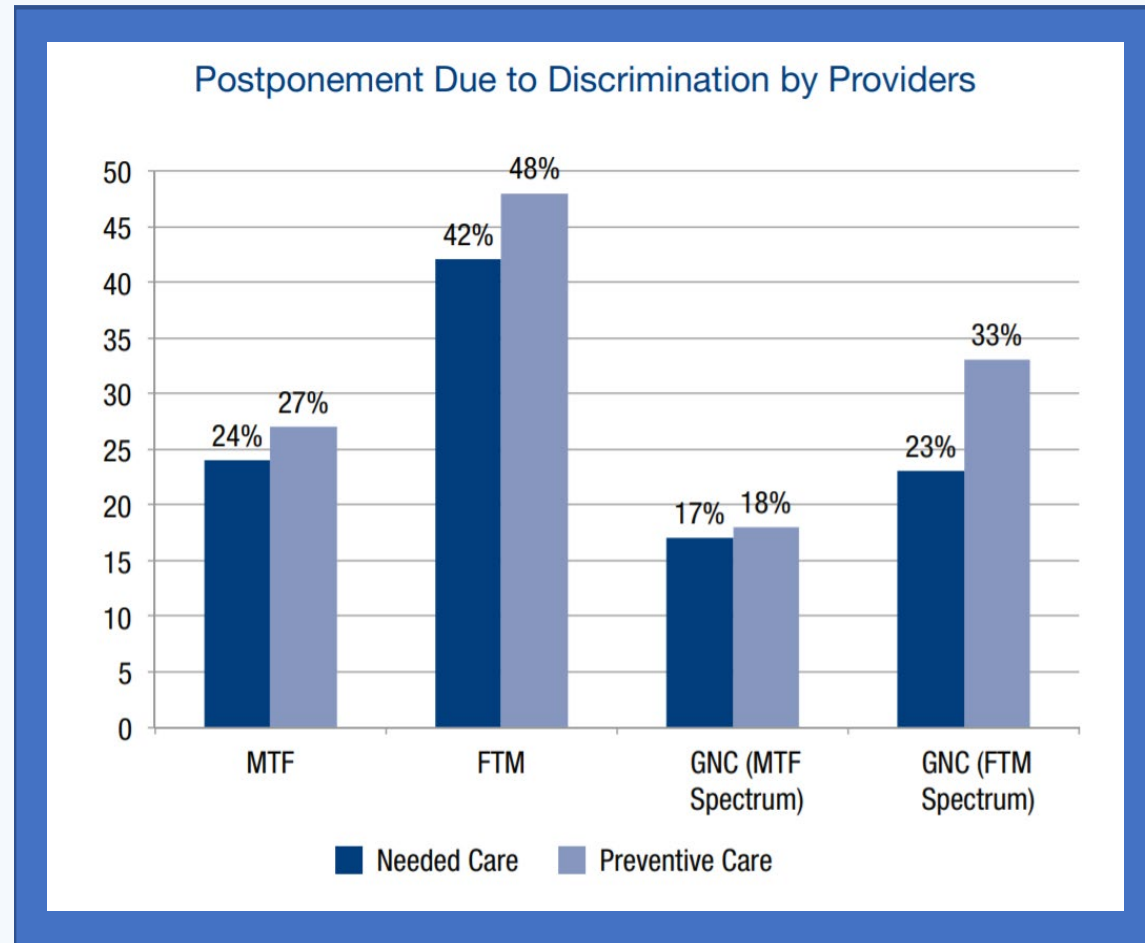
YOUTH ADVOCACY IN MEDICAL AND MENTAL HEALTH SYSTEMS

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(they/them/theirs)

WHAT WE'LL COVER

- why are we talking about this?
- trans*/GNC-specific issues
- standards and best practices
- your healthcare rights
- tips for advocacy

WHY IS THIS IMPORTANT?



Grant, Jaime M., Lisa A. Mottet, Justin Tanis, Jack Harrison, Jody L. Herman, and Mara Keisling. *Injustice at Every Turn: A Report of the National Transgender Discrimination Survey*. Washington: National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011.

WHAT TO WATCH OUT FOR

- microaggressions/harassment
 - intersectionality
- inexperience/ignorance
- Trans* Broken Arm Syndrome

WHAT TO EXPECT

- Patient rights
- Gender Dysphoria in the DSM
- WPATH Standards of care
- WA State age of consent

WHAT YOU CAN DO

- ask questions!
 - May I see your intake forms?
 - How do you handle real name vs chosen name in records?
 - What is your level of experience working with trans/gnc youth?
 - What is your policy around ongoing training around trans/gnc youth?
 - What documentation do you require for _____?
- contact their review board/insurance commissioner
- reach out to legal services such as QLAW, Lavender Rights Project, Lambda Legal



KNOW YOUR RIGHTS

Informed consent

Nondiscrimination

Privacy/records

*Appropriate
medical/MH
treatment*

*Culturally
responsive care*

File a grievance

RESOURCES

- *Providers*
 - Ingersoll Gender Center <https://ingersollgendercenter.org/ingersoll-directory/>
 - RAD Remedy <https://radremedy.org/>
- *Legal Support*
 - QLAW Legal Clinic <https://www qlawfoundation.org/lgbtq-legal-clinic.html>
 - Lavender Rights Project <https://www.lavenderrightsproject.org/>
 - Lambda Legal <https://www.lambdalegal.org/>
- *Standards and best practices*
 - WPATH <https://www.wpath.org/>
 - ICATH <https://icath.info/>
 - Qcard <http://www.qcardproject.com/>
- *Further reading*
 - Injustice at Every Turn https://www.transequality.org/sites/default/files/docs/resources/NTDS_Report.pdf
 - Trans Bodies Trans Selves <http://transbodies.com/>