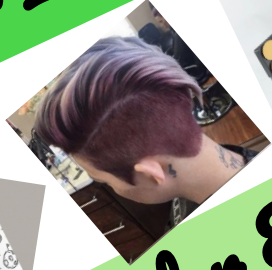




Gender
is what *you* make it!



Gender Identity



Gender Expression



"she's a woman!"

Gender Perception



*Gender
Dysphoria*



*Gender
Euphoria*

Additional Resources

- [The King County Trans Resource and Referral Guide](#) - a handbook featuring resources for transgender people to access healthcare, counselling, etc.
- [The Disability Support Archives](#) - a collection of various organisations and locations dedicated to helping disabled people in Western Washington
- [Where to Turn for Teens](#) - a handy, all-encompassing crisis support handbook for teens in King, Snohomish, and Pierce counties.
- [The Oasis Youth Center](#) - a non-profit organisation based in Tacoma that is dedicated to helping LGBTQ+ youth.
- [Lambert House](#) - a recreational center dedicated to serving LGBTQ+ youth in Seattle, with satellite groups all over King County
- [The GLSEN Coming Out Resource](#) - a handbook on coming out made by [GLSEN](#) (pronounced “glisten”), a nationwide educational network dedicated to helping LGBTQ+ people primarily through education.
- [The GLSEN Pronoun Guide](#) - a guide that explores the role of pronouns in gender expression and how they’re an important part of treating folks with respect.
- [Mary Bridge Children’s Endocrinology](#) - a department at Mary Bridge Children’s Hospital dedicated to providing endocrinology to treat kids, including transgender kids.