

PERSONAL PROTECTIVE EQUIPMENT

A GUIDE FOR KIDS

You may have noticed that nurses, doctors, and other people that work at the hospital are wearing some extra gear lately. This is to help us prevent the spread of germs that can get people sick. When a person who works at the hospital is wearing this extra gear, it does not mean that they are sick – only that they are working hard to keep everyone safe. In this picture are some things you might see people wearing. Sometimes the people who work at the hospital only need to wear a mask and other times they may need to wear everything you see below. If you have questions about what people are wearing and why, we encourage you to ask them!



FACE SHIELD

This is to prevent any germs from getting into the eyes of the person wearing it. Some kids say this shield looks like a “Storm Trooper Mask” or “Space Mask.”



GLOVES

Gloves help keep our hands clean. We use lots of gloves here at the hospital. Did you know that we wash our hands before we put gloves on AND after we take them off?



MASK

This helps to keep the doctor or nurse’s germs to themselves. Normally sharing is a good thing, but not when we are talking about germs! If we sneeze or cough, the mask helps to catch the germs so that they don’t get on you or any surfaces in your room.



YELLOW ISOLATION GOWN

People who work at the hospital wear this so that germs don’t get on our clothes. Gowns can be changed in between patients and rooms, but clothes can’t! That would be a lot of outfit changes every day!